



**Integrated Care Fund 2018/19
Project Brief**

Project Title	Pembrokeshire Third Sector Preventions <i>Supporting independent living - Increasing citizen participation</i> <i>Building resourceful communities - Improving individual and community well-being</i>
Is this a new project or continuation?	Continuation
What alternative delivery concept is being tested?	
In which financial year will the project complete testing of concept?	
Which ICF theme does it align with?	Preventions/Alternative Delivery Models
Regional Project Lead/Link Representative	
Local Authority Project Lead/Leads and/or Link Representative/ Representatives	
HDUHB Project Lead/ Link Representative	
Third Sector Project Lead/ Link Representative	Michelle Copeman PAVS Third Sector Health and Wellbeing Facilitator

- 1. Background/Rationale:** *(No more than 300 words, including how your proposal (1) tests alternative delivery concepts (2) links with local strategies and plans such as Transforming Clinical Services; Integrated Medium Term Plan; Well Being Plans etc. (3) contributes to regional priorities and (4) supports delivery of objectives within the West Wales Area Plan.)*

Alternative delivery concepts: elements of the third sector-led preventions programme are directly testing new models of service delivery, for example, time banking, Community Connectors and PIVOT. The Caring Communities Innovation Grant scheme invests in new ideas for community-led care and support services.

Links with local strategies: this project ensures that the third sector remains integral to the strategic planning and delivery of the overall aim to co-produce preventative services, support independent living, strengthen community resilience and reduce the need for statutory interventions. This aim is referenced in the Pembrokeshire PSB Well-being Plan (*Resourceful Communities* priority), the Local Development Strategy published by Arwain Sir Benfro (Pembrokeshire Local Action Group) and the shared vision of the Pembrokeshire Preventions Programme Board.

Contribution to regional priorities: developing preventative services has been identified as a key priority of the West Wales Care Partnership. A regional workstream has been established to lead on Integrated Commissioning & Preventions (including IAA). Pembrokeshire has been identified as the pacesetter Authority, and the third sector-led preventions programme will contribute to both the local and regional work programme.

Supports delivery of the West Wales Area Plan: the West Wales Population Assessment 2017 highlights the need to develop preventative measures so that individuals can take care of themselves, access information and low level support when needed, and remain independent for as long as they choose to be. Activities delivered by the third sector preventions programme will encourage volunteering, increase citizen participation, signpost to information and assistance, and enhance community-based support to prevent social isolation and promote independence. The Caring Communities Innovation Grants scheme provides the opportunity for voluntary and community groups to test out new community-based care and support models. This will contribute to developing a greater diversity of public services, identified as a key aim in the West Wales Population Assessment.

2. Purpose: What will you do and how will you do it? *The proposal should support at least one of the aims identified within the Welsh Government Guidance for use of the ICF. Please outline how your service would meet a particular Aim (or Aims).*

ICF Aim	Description of how your proposal will meet the Aim(s)
<p>Integration: Partnership working and co-operation</p> <p>Prevention: Focus on prevention and early intervention to make services sustainable into the future</p> <p>Alternative delivery models: supporting the third sector to deliver new models of service</p> <p>Population Assessment: Addressing care and support needs identified in the West Wales Population Assessment</p>	<p>The third sector-led preventions programme is managed by PAVS Third Sector Health & Well-being Facilitator, who also provides a strategic lead for third sector involvement in the preventions agenda. It brings the following activities together in an integrated delivery framework:</p> <p>(1) Community Connectors - a key element of the <i>Active and Connected Communities</i> programme, this 2-year project is piloting a third sector, community and citizen-centred approach to improving health and wellbeing in Pembrokeshire.</p> <p>The Community Connectors work across Pembrokeshire to:</p> <ul style="list-style-type: none"> • Develop effective community links to create community-based citizen-centred solutions • Work with individuals to help them meet identified well-being goals and needs • Make appropriate referrals to third sector organisations and other services • Work closely with GP surgeries, primary care clusters and social care hubs to support anticipatory care planning and social prescribing • Map local assets and contribute to the well-being and population needs assessments • Maintain up-to-date information on service directories, primarily infoengine and Dewis • Monitor unmet need and service demand and work with partners to develop new community-led services • Promote and encourage volunteering and participation in the local community • Work with partners to deliver asset-based community development and strengthen community resilience <p>The <i>Active and Connected Communities</i> programme is delivered by PAVS, working in close partnership with Pembrokeshire County Council, Hywel Dda Health Board and Public Health Wales. The ICF funding will contribute to total funding package, which includes approximately £176,000 of LEADER funding.</p>

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3. Outcomes: *Please list which of the outcomes from the regional outcomes framework attached will your proposal contribute towards and how it will do so (minimum of 1, maximum of 3.)*

Regional Outcome(s)	Description of how your proposal will meet the Outcomes(s)
Staying well and independent in the community	<p>The Pembrokeshire Third Sector Preventions programme consists of projects that provide individuals with information and make appropriate referrals/connections to community-based activities, volunteering opportunities and local community services that people can access to manage and improve their well-being.</p> <p>Individuals supported within these projects are provided with comprehensive information so that they are aware of what care and support opportunities are available.</p> <p>Within the programme, projects all work to support the development and population of infoengine, the online directory of third sector services, and DEWIS.</p> <p>Under the leadership of the Third Sector Health & Wellbeing Facilitator, the projects within the Pembrokeshire Third Sector Preventions programme create social connections that help people stay well and live independently for longer in their communities.</p>
Promoting independence – ‘Step up my care’ Preventing admission to hospital & discharge at ‘front door’	<p>The PIVOT service provides individuals with low-level support to prevent the need for admission to hospital, or to enable them to return home from hospital rather than being admitted. The caseworker approach means that individuals are supported to access the services they need, including community transport and minor adaptations to support independent living, with the majority of referrals made to the service preventing admission to hospital.</p>
Promoting independence – Efficient discharge from hospital and ‘continue to care for me’	<p>The PIVOT service also provides individuals with low-level support to help them return home from hospital, in a planned way, sooner than would otherwise be possible. The caseworker approach means that individuals are supported to access the services they need, including community transport and minor adaptations to support independent living.</p>

4. Implementation Timescales – *please indicate the following:*

When will project development commence?	The projects are all fully developed
When will initial expenditure commence?	1 st April 2018
When will staff recruitment commence (if required)?	Staff are in post – no staff recruitment required
When will project delivery commence?	All of the projects are currently being delivered and this will continue throughout 2018/19 subject to funding
Expected date of completion of project concept testing	
Expected date of project review/embedding learning into mainstream practice or termination	It is anticipated that decisions will be taken during the year on how the activities can be embedded in mainstream practice, based on the Integrated Intermediate Care Strategy , which is currently in development

5. Amount Requested *(include detailed breakdown of costs and if revenue or capital)*

£38,000	Third Sector Health & Well-being Facilitator (ICF revenue)
£160,000	PIVOT (ICF revenue)
£30,000	PIVOT (ICF capital)
£30,000	Community Connectors – contribution to funding package (ICF revenue)
£10,997	Pembrokeshire Time Bank Network – contribution to funding package (ICF revenue)
£30,000	Caring Communities Innovation Grant (ICF revenue)
£10,000	Caring Communities Innovation Grant (ICF capital)

Total revenue: £268,997

Total capital: £40,000

A more detailed budget breakdown is provided separately.

6. Proposed Performance Indicators: *(What will it enable you to achieve in addition to what you are doing now. i.e. how many additional participants/outcomes? Please refer to ICF 17/18 C)*

Performance Indicators	
How much will you do? (Quantity)	How well will you do it? (Quality)
<ul style="list-style-type: none"> No of people receiving information, advice and assistance to help them to manage their own health and well-being No of referrals made to enable people to manage their own health and well-being by accessing other services in the community Number of people volunteering in their communities Number of user-led activities and services established in community No CICs and social enterprises developed No of third sector organisations and services uploaded onto infoengine Number of hits on infoengine website, from Pembrokeshire No of people provided with domiciliary-based intermediate care services following a hospital stay or community referral No of supported discharges at the front door of acute services No of hospital admissions prevented 	<ul style="list-style-type: none"> % of people who rate the service as excellent or good % of people reporting that they are able to do the things that matter to them % people reporting satisfaction with infoengine % of people whose care and support has helped them have a better quality of life % of people reporting that they are able to do the things that matter to them % of people who feel that they belong to their local area % of people reporting a reduction in overall emotional and social loneliness % of people reporting the things they do in life are worthwhile % of people who volunteer

How will people be better off as a result? (Quality and Quantity of effect)

- People will be supported to continue to live independently in their homes and communities
- People will not need to call on statutory social care services and/or visit the GP as frequently
- People will feel valued and part of the community in which they live
- Individual and community well-being will be improved
- People will actively participate in the co-design and delivery of services in their local area
- People will not spend more time than is absolutely necessary in hospital, thus reducing costs and improving individual resilience and well-being
- People will be able to access information and support when they need it
- There will be an increase in the range of third sector services available to support people in their local communities

7. Sustainability: *After testing and review, how will successful concepts be incorporated into either mainstream delivery, IMTP, TCS, Area Plan or Well-Being developments and what is the exit strategy? (no more than 100 words)*

The Pembrokeshire Third Sector Preventions programme is vital to ensuring that the third sector is fully engaged in the strategic planning, co-design and delivery of preventative services that impact positively on individual and community well-being. The programme helps statutory partners deliver their statutory duties under the Act and to meet their stated strategic aims to build resourceful communities and reduce the need for statutory interventions.

It is anticipated that the Third Sector Preventions programme will be embedded as mainstream provision under the **Integrated Intermediate Care Strategy for Pembrokeshire** (currently under development), and funded accordingly from health and social care budgets.

9. What are the implications if this business case is not supported?

If the business case is not supported, then all the services currently delivered within the Pembrokeshire Third Sector Preventions programme will either be withdrawn (PIVOT, Caring Communities Innovations Grant) or significantly reduced (Pembrokeshire Time Bank Network, Community Connectors).

In addition, PAVS will no longer be able to employ the Third Sector Health & Well-being Facilitator. This will have a significant negative impact on our ability to contribute to the further development of preventative services, and the broader health, social care and well-being policy agenda at both local and regional level.

The package of funding for the *Active & Connected Communities* project includes an allocation of ICF in the 2018/19 financial year. If this business case is not supported, then the project will need to be re-profiled to fit within a reduced financial envelope and the project may have to be closed down earlier than the planned end date. Similarly, the Pembrokeshire Time Bank Network will need to scale back activity and reduce the number of time banks supported through the project. It will also make it difficult to engage private sector spend partners and the full benefits of time banking will not be realised.

Failure to support this business case will also mean that the third sector will not be involved in the ICF investment plan. This goes completely against the wish of Welsh Government to see the third sector receiving a greater share of ICF funding in relation to developing new service delivery models and promoting social enterprise.

If the business plan is not supported, it should be noted that transition funding will be needed to manage the 3-month notice period that will be required to close down the PIVOT service and make the Third Sector Health & Well-being Facilitator post redundant.

10. Please provide supporting evidence of engagement with key stakeholders, in the development or delivery of the project, particularly 3rd sector and community partners when alternative delivery concepts are being tested.

PAVS co-ordinates delivery of the programme, holding regular project management meetings with key stakeholders for each element of the programme as necessary.

Reports on service delivery are made to appropriate partnerships including the local ICF management group; the Health, Social Care & Wellbeing Joint Strategic Commissioning Partnership and Arwain Sir Benfro, the Pembrokeshire Local Action Group that oversees the investment of LEADER funding in the County.

Referrals are made to a wide range of third sector organisations. Feedback from service users is collated and reviewed in order to continuously improve service delivery.

The development of the Third Sector Preventions programme continues to be driven through the Pembrokeshire Preventions Programme Board, which brings together key individuals from Pembrokeshire County Council, Hywel Dda University Health Board, West Wales Care Partnership, Public Health Wales, Primary Care Clusters, PAVS and PLANED. Two conferences have been organised in recent years, bringing together organisations and individuals who are interested in preventions work and feedback from those events have been taken into account in the design of services.

The Board has committed to working with Swansea University to roll out the Most Significant Change methodology for capturing and analysing narrative, and using stories of “lived experience” to transform services. A formal evaluation of the Community Connector service is also being undertaken. Feedback from our collective evaluation processes will inform the future development of the third sector-led preventions service.

11. Please ensure a completed 12 month budget profile is attached.