



**Integrated Care Fund 2018/19
Project Brief**

Project Title	<i>Moving On</i>
Is this a new project or continuation?	<i>New (although aspects have been piloted, which now need extending and embedding)</i>
What alternative delivery concept is being tested?	<i>Citizen directed independent living skills; co-production of wrap-around living skills provision to enable young people with LD to remain in Pembrokeshire</i>
In which financial year will the project complete testing of concept?	<i>2018-19</i>
Which ICF theme does it align with?	Prevention and Early Intervention; Alternative Delivery Methods; Wellbeing
Regional Project Lead/Link Representative	
Local Authority Project Lead/Leads and/or Link Representative/ Representatives	
HDUHB Project Lead/ Link Representative	
Third Sector Project Lead/ Link Representative	Karen Chandler, Pembrokeshire People First

- 1. Background/Rationale:** *(No more than 300 words, including how your proposal (1) tests alternative delivery concepts (2) links with local strategies and plans such as Transforming Clinical Services; Integrated Medium Term Plan; Well Being Plans etc. (3) contributes to regional priorities and (4) supports delivery of objectives within the West Wales Area Plan.)*

PWLD are identified as a RPB priority area.

The ICF Guidelines underline Social Services and Wellbeing Act duties, including focussing on prevention, supporting not-for-profit organisations and adopting new ways of working.

Moving On is a combined development and delivery project – delivering meaningful living skills to young people to enable them to move into supported accommodation, alongside support for parent carers, and the development of a larger co-production initiative which will provide a comprehensive programme for young people with LD involving college work; emotional and practical living skills workshops; a base to put skills into practice; and skilled social work input to ensure effective progression from the programme.

Moving On fits in with Pembrokeshire LD Strategy recommendations:

- People with a learning disability should be able to have a choice about where

- they live and who they live with whenever this is possible.
- accommodation choices for people with a learning disability

Moving On would provide Pembrokeshire with a cost-effective alternative to residential college placements, take advantage of our available expertise, and provide a model within Pembrokeshire which would be innovative and regarded as a pace-setter.

MO combines practical sessions, sessions around communication (social media; travel training; keeping safe); and emotional resilience (friendships; being a good flatmate; dealing with anger etc). Key to MO is social workers, and participants together setting attainable future goals, and the provision of transport.

This proposal suggests development including

- Opening MO to older participants, particularly those living at home with older parents.
- Collaborative working with other organisations
- Establishing an independently facilitated support group for parents – working title “Letting Go”
- Development work towards a base where participants could live and “practice” in accommodation, attend Pembrokeshire College, and have their studies supplemented by specific life skills training.
- Participants could be offered a supported tenancy after they complete the course.

2. Purpose: What will you do and how will you do it? *The proposal should support at least one of the aims identified within the Welsh Government Guidance for use of the ICF. Please outline how your service would meet a particular Aim (or Aims).*

ICF Aim	Description of how your proposal will meet the Aim(s)
Integration – Partnership working and co-operation	This proposal is predicated on cooperation between statutory (social care; Pembrokeshire College) and third sector (PPF and other potential partners in provision of practice accommodation)
Prevention and Early Intervention	<i>The preventative aspect of this proposal is about young people (particularly) taking advantage of the momentum of full-time education, and not falling back into being service “users”, being de-skilled and de-motivated. Once someone is in receipt of high levels of support, be it residentially or with parent carers, it becomes much harder to motivate him/her to develop independence skills, and take control of choices, and maintain adaptive skills. By “moving on” to as much independence as is possible, there is a significant cost saving but, more importantly, prevention of dependence on services.</i>
Alternative Delivery Methods	<i>Statutory and Third Sector partners will collaboratively deliver this project. The citizen-led ethos of workshops is innovative, and the development of “practice” accommodation incorporating space for living and workshops is deftly an alternative delivery method.</i>

ICF Aim	Description of how your proposal will meet the Aim(s)
Wellbeing for people who need care and support	<i>This is at the centre of the proposal, providing a wide range of life skills, from social media to household maintenance and from keeping safe to doing the laundry, alongside emotional resilience skills. By engaging with the project, participants will develop skills, confidence, ambition, support networks – and this will have the “knock on” effect of improved health (mental and physical) wellbeing.</i>

3. Outcomes: *Please list which of the outcomes from the regional outcomes framework attached will your proposal contribute towards and how it will do so (minimum of 1, maximum of 3.)*

Regional Outcome(s)	Description of how your proposal will meet the Outcomes(s)
Staying well in the community - Services which support people to: <ul style="list-style-type: none"> • Live at home independently • Provision of Information, Advice, and Assistance • Provision of ‘Self Care’ programmes • Manage or improve health and well-being 	<i>In order:</i> <ul style="list-style-type: none"> • <i>Moving On is specifically designed to maximise independent living, particularly for young people with LD</i> • <i>We will work with other agencies (DWP, Social Care, Health, financial providers), the police) to provide expert information and advice on particular topics. Further, the project supports participants to research issues that are important to them, and provides access to advocacy and other IAA services.</i> • <i>MO defines a programme focussing on “self-care”. PPF’s ethos is not to offer extensive support, or to step in and “solve” problems, but to provide participants with the tools to enact their own solutions.</i> • <i>See above – by running MO in a citizen-centred way, the project enables participants to take control of the management of their own health, mental and physical, to access support services as necessary and to make informed choices.</i>
Transformation of LD services	<i>The project is designed to develop a new model of support around independent living for people (particularly young people or those living at home) which could be rolled out across the region.</i>

4. Implementation Timescales – *please indicate the following:*

When will project development commence?	April 2018
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When will initial expenditure commence?	April 2018
When will staff recruitment commence (if required)?	n/a
When will project delivery commence?	June 2018
Expected date of completion of project concept testing.	February 2019
Expected date of project review/embedding learning into mainstream practice or termination.	March 2019

5. Amount Requested (include detailed breakdown of costs and if revenue or capital)

See attached budget – 100% revenue

6. Proposed Performance Indicators: (What will it enable you to achieve in addition to what you are doing now. i.e. how many additional participants/outcomes? Please refer to ICF 17/18 C)

Performance Indicators	
How much will you do? (Quantity)	How well will you do it? (Quality)
<ul style="list-style-type: none"> • Run 4 full “Moving On” programmes (18 days) for up to 8 participants per programme • Work with statutory services to enable 20% of participants to move into supported accommodation, and a further 60% to develop plans to progress • Develop a costed multi-agency blueprint for a service to enable young people to remain in in Pembrokeshire post compulsory-education 	<ul style="list-style-type: none"> • All participants will report positive outcomes around confidence and resilience; 80% will report improved independent living skills • Of those moving into independent (supported) accommodation, 80% will report this as a positive outcome 6 months after moving • We are ideally placed to make this a realistic, achievable, and innovative blueprint, with the support of our statutory partners
How will people be better off as a result? (Quality and Quantity of effect)	
<ul style="list-style-type: none"> • Project participants will be more engaged, less isolated, have developed independent living skills, and be more able to develop and sustain meaningful relationships to positively impact on their wellbeing • The wider community of young people with LD will benefit from a comprehensive project focussing on successful independent living going forward 	

- *The wider (still) community of people in need of health and social care will benefit from budgetary savings through preventative and cost-effective work*

7. Sustainability: *After testing and review, how will successful concepts be incorporated into either mainstream delivery, IMTP, TCS, Area Plan or Well-Being developments and what is the exit strategy? (no more than 100 words)*

We would hope that after the testing and review period, we would be able use the learning to co-produce a commissioned service

9. What are the implications if this business case isn't supported?

Increased cost of residential college places
At 18, a continued "exodus" of young people to residential colleges out of county, with cost implications, as well as the diminution of their social networks
The continuation of the problem of returners (from residential college) being de-skilled when they return to live at home
The stagnation of generic provision continuing for this group of young people with specific needs – and ambitions.

10. Please provide supporting evidence of engagement with key stakeholders, in the development or delivery of the project, particularly 3rd sector and community partners when alternative delivery concepts are being tested.

This proposal is coming directly from a 3rd sector partner.
Pembrokeshire People First has 300+ members – people with Learning disabilities and/or autism. Our membership has identified independent living as a key concern.
Additionally, this project has been developed as a shared vision with Pembrokeshire County Council, in particular the Community Team for Learning Disabilities and the Head of Adult Social Care.

11. Please ensure a completed 12 month budget profile is attached.