

Healthier West Wales Case Studies



Programme 7: Creating Connections for All

Kindness Acts/Stories: <https://www.connectt kindness.wales/stories/>

Intergenerational Projects

Coed Cae School & Cillymaenllwyd Care Home/ Llanelli Town

We moved this project onto Zoom by supplying digital kit to the care home and provided staff training. We worked with 4-5 residents and a group of 4-10 pupils from Coed Cae school in Llanelli. The project was facilitated by storyteller Phil Okwedy and our PSU team of facilitators. The project has been a massive success, in March this was the only outside contact that the residents were having and also it kept the school pupils engaged as they were all on an online school program because of lockdown 1. When phase 1 ended we carried on the sessions, using our young people speak up, we run weekly sessions via zoom with our in-house facilitators and our young people speak up group and Coed Cae School pupils. Mid January project is on hold due to Covid Cases.

Young People: 10

Older People: 5

Indirect: Social media video views: 285, Care Home Staff 3, families 5

Sessions To Date: 19

<https://youtu.be/rVnLSsh4Dco>

<https://youtu.be/orCF5Yp-7dM>

<https://youtu.be/6TxAoHM8VyE>