

Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru
Welsh Government

Project Overview

Region: West Wales

ICF Project name: Accessible and involved annual health checks

Project start date: 01/04/2019

WG ref:

Project completion date: 31/03/2021

Is this project linked to an ICF capital project? N

Is this project linked to the Dementia Action Plan funding? N

What is the primary focus (1) and secondary (2) focus of the project are you proposing?

Children's/young carers projects

Information/Advice/Awareness raising	
Access to Services/single point of access/transport	
Assessment and diagnosis	
Social Prescribing	
Early Help and Prevention	
Emotional Health and Wellbeing	
Edge of Care support	
Family Group Conferencing approach	
Family re-unification	
Therapeutic intervention	
New accommodation/residential solutions	
Other (please Specify below)	

Adults/Carers projects

Information/Advice/Awareness raising	
Access to Services/single point of access	
Assessment and diagnosis	1
Social Prescribing	
Early Help and Prevention	
Emotional Health and Wellbeing/Loneliness and isolation	
Stay at home/return home	
Integrated Community Teams	
Step up/down from hospital	
Intermediate Care/ pathway	
New accommodation/ Residential solutions	
Other (please Specify below)	

Regional Capacity building/Infrastructure

Regional Partnership Board Development	
Regional Workforce development/training	
Regional Programme management and evaluation	
Regional/Integrated planning and commissioning	
Regional Support for Social Value Sector Engagement	
Regional support for Citizen/carers engagement	2
Other – (please specify below)	

ICF Project Description

1 - What is the problem you are trying to solve? Health inequalities result in people with a learning disability dying 15-30 years younger than the general population. Annual Health Checks (AHC) were introduced to ensure an annual medical for people with a learning disability received health screening despite GP's being payed per health check uptake remains poor and the quality of many AHC's is also poor with little outcome following the AHC.

2 - What long term outcome/change are you hoping to achieve improved uptake and outcome from AHC with people with a learning disability fully engaged in the process?

3 - Who is your key audience? People with Learning Disabilities and their families / carers and health professionals.

4 - How will you reach them? By employing 4 highly experienced LD nurses and 4 band 4 HCSW and 4 health advocates (PLD) to provide support and training to GP clusters and individuals and their carers.

5 – What resources are available to support? Involvement with People First's 'Dream Team', comprising of People with Learning Disabilities with lived experience of services and ideas for improvement.

6 - What activities will bring about the change? Involvement of people with a learning disability ensures they remain at the centre of their health care needs and reinforces training messages developed.

How does your project address your population needs assessment and area plan?

Populations Needs Assessment

Empowering people with a learning disability to give information about their healthcare and encouraging a proactive approach to wellbeing

Area Plan

1.20 Ensure IAA provision supports people with a Learning Disability in accessing appropriate care and support and enhances their access to generic services.

3.7 Where people with a Learning Disability require ongoing care and support, ensure assessment is based around individual outcomes, they play a part in all decisions about their care and they are able to live their lives within their communities, maintaining social and family ties and other connections that are important to them.

What level of 'prevention/Intervention' (continuum) best describes your project?

Self Help, Information and Advice	Early Help and support	Intensive Support	Specialist Intervention
X	X		X

Project Costs

YEAR ONE	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -					
<i>Staffing</i> 0.5 BAND 6 NURSE X4 0.5 BAND 4 X4 0.2 PLD @8.45 PH	£41431.50	£41431.50	£41431.50	£41431.50	£165726
<i>Overheads (heat, light, rent etc)</i> 3 RD SECTOR SUPPORT FPR PWLD	1500	1500	1500	1500	6000
<i>Resources/activity costs</i>	£5000	£1000	£1000	£1000	£8000
<i>Equipment/IT</i>					
YEAR TWO	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -					
<i>Staffing</i>	£41431.50	£41431.50	£41431.50	£41431.50	£165726
<i>Overheads (heat, light, rent etc)</i>	1500	1500	1500	1500	6000
<i>Resources/activity costs</i>	£5000	£1,000	£1,000	£1,000	£8,000
<i>Equipment/IT</i>	£1000				£1000

TOTAL FOR 2 YEARS = £360452.00

Project Delivery

Delivery partners

Local Authority	X
Health Board	X
Third Sector/Social Value sector	X
Private/Independent sector	
Housing Association/RSL	
Other (pls specify below)	

Project budget holder

Local Authority	
Health Board	x
Third Sector/Social Value sector	X
Private/Independent sector	
Housing Association/RSL	
Other (pls specify below)	

Project geographical footprint

Regional	X
Sub-regional	
Multiple regions	
Local Authority	
Local community	

Project Beneficiaries

Primary beneficiaries		Secondary beneficiaries		Other beneficiaries	
Older people		Older people	X	Older people	
People with learning disabilities	X	People with learning disabilities		People with learning disabilities	
Children with complex needs		Children with complex needs	x	Children with complex needs	
Children at risk of becoming looked after		Children at risk of becoming looked after		Children at risk of becoming looked after	
Care experienced children including adopted children		Care experienced children including adopted children		Care experienced children including adopted children	
Carers		Carers		Carers	
Young Carers		Young Carers		Young Carers	
People with dementia		People with dementia	X	People with dementia	

Project Design Principles (pls check boxes as appropriate):

Which of the 'A Healthier Wales' Quadruple aim/s does this project primarily address?		Which of the 'ten national design principles' from A Healthier Wales will the project address?		With voice and co-production as key principles, tell us who you have engaged with in the design of your projects	
Improved health and wellbeing	x	Prevention & Early Intervention	X	Service users (adults)	X
Better quality and more accessible health and social care service	X	Safety		Service users (Children/young people)	
Higher value health and social care	x	Independence	X	Carers	X
A motivated and sustainable health and social care workforce		Voice	X	Young carers	
		Personalised	X	Workforce	
		Seamless		Social Value/third sector	X
		Higher Value		Community members	x
		Evidence Driven		Other:	x
		Scalable	X		

Project outcomes and impacts

What Population level indicators/measures is your project seeking to address?

Staying Well & Independent in the Community

Promoting general health and wellbeing

Timely intervention to prevent crisis

Enabling people to be as independent as possible through providing services and support that are proportionate to need

Maximising people's time spent in their home of choice

Targeted support that assists people to maintain or regain independence

Tell us how you will measure/understand the impacts of your project?

<p>How Much? (outputs)</p> <ul style="list-style-type: none"> • Increase in number of AHC completed • Reduction in emergency admissions to hospital • Improved quality and satisfaction with AHC hospital 	<p>How Well? (quality)</p> <ul style="list-style-type: none"> • People with learning disabilities reporting they find the AHC experience better • People with Learning Disabilities reporting they feel better able to communicate their health needs • People with Learning Disabilities reporting more personalised experiences of AHC
<p>Difference made? (impact)</p> <ul style="list-style-type: none"> • Citizens get the right care and support, as early as possible. • Citizens access the right information, when it's needed, in the way they want it and use this to manage and improve their well-being. • Citizens understand what care, support and opportunities are available and use these to help them achieve their well-being. • Improve their general health Citizens speak for themselves and contribute to the decisions that affect their life, or have someone who can do it for them. 	

Tell us how you intend to evaluate the following aspects of your project

<p>Impact Evaluation (How will you measure/understand the outcomes that have been achieved by your project?)</p>	<ul style="list-style-type: none"> • Questionnaire for People with Learning Disabilities, their paid and unpaid supporters • Analysing available local /regional /national data • Reviewing impact on hospital admissions as a result of project •
<p>Process Evaluation (How will you evaluate the system & process changes delivered by your project e.g. integration, co-production, social value?)</p>	<ul style="list-style-type: none"> • Six monthly partner improvements/suggestions/satisfaction seminar
<p>Economic Evaluation (How will you evaluate the cost benefits/cost avoidance delivered by your project?)</p>	<p>Using a number of methods including:</p> <ul style="list-style-type: none"> • Analysing available local /regional /national data • Reviewing impact on other services as a result of project • Reviewing number of hospital admissions and length of stay as a result.
<p>Qualitative Evaluation (How will you capture the experiences of service users/staff/communities?)</p>	<p>Developing:</p> <ul style="list-style-type: none"> • Questionnaire for People with Learning Disabilities, their paid and unpaid supporters • Six monthly client/workforce satisfaction survey • Case studies

Exit Strategy

Tell us about your exit strategy for the project (post 2021):

The HB are currently reviewing services these posts will be included in future plans with the HB taking 'ownership' of all staff.

Once health advocates are trained they will be supported and employed by the health liaison service as above.

Project contact details

Project key contact (name):

Email address:

Telephone: