

Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru
Welsh Government

Project Overview

Region: WWCP – Pembrokeshire specific

ICF Project name: Pembs Young Carers Life Opportunities Project

Project start date: April 2019

WG ref:

Project completion date: March 2021

Is this project linked to an ICF capital project? N

Is this project linked to the Dementia Action Plan funding? N

What is the primary focus (1) and secondary (2) focus of the project are you proposing? * please mark 1 and 2 as appropriate

Children's/young carers projects	Adults/Carers projects	Regional Capacity building/Infrastructure
Information/Advice/Awareness raising	Information/Advice/Awareness raising	Regional Partnership Board Development
Access to Services/single point of access/transport	Access to Services/single point of access	Regional Workforce development/training
Assessment and diagnosis	Assessment and diagnosis	Regional Programme management and evaluation
Social Prescribing	Social Prescribing	Regional/Integrated planning and commissioning
Early Help and Prevention	Early Help and Prevention	Regional Support for Social Value Sector Engagement
Emotional Health and Wellbeing	Emotional Health and Wellbeing/Loneliness and isolation	Regional support for Citizen/carers engagement
Edge of Care support	Stay at home/return home	Other – (please specify below)
Family Group Conferencing approach	Integrated Community Teams	
Family re-unification	Step up/down from hospital	
Therapeutic intervention	Intermediate Care/ pathway	
New accommodation/residential solutions	New accommodation/Residential solutions	
Other (please Specify below) A combination of the above	Other (please Specify below) A combination of the above	
		2

ICF Project Description (brief description using theory of change model):

1 - What is the problem you are trying to solve? It is widely recognised that due to a number of contributing factors young carers and young adult carers are likely to experience poorer life outcomes than their peers both during childhood and adulthood, including in education, health, employment and levels of deprivation. This project will focus on using a co-productive approach to identify key local issues for young carers and young adult carers and identify and develop solutions to overcome the barriers currently experienced.

2 - What long term outcome/change are you hoping to achieve? To improve the life opportunities of young carers and young adult carers across a range of areas including education, health, employment and relationships. There will be a focus on supporting carers both in childhood, but also in preparing for adulthood and throughout the transition process in to adult services.

3 - Who is your key audience? The primary audience is young carers (up to 18yrs) and young adult carers (18-25yrs). In order to affect the change required, the project will engage with families, professionals in social care, health, education, housing, voluntary and community sector and providers. Carers across all client groups will be included within the project and the project will feed in to and across a number of existing workstreams.

4 - How will you reach them? Young carers and young adult carers will be reached through a variety of means including through the Pembrokeshire Young Carers Service, schools and education and social services. Other stakeholders will be reached through existing structures and networks as outlined below.

5 - What resources are available to support? PCC will provide accommodation, IT infrastructure and management of the project. Existing networks and structures are in place to support the engagement and governance requirements such as the Pembrokeshire Carers Strategy Group, Learning Disability Partnership Board, Transitions Strategy Group and Pembrokeshire Preventions Board.

6 - What activities will bring about the change? Engagement and co-production with carers and key stakeholders, research of best practice, development and rollout of local resources, delivery of training / learning opportunities to carers and the workforce, improved coordination and working practice between the teams that support young carers and young adult carers.

How does your project address your population needs assessment and area plan?

West Wales Population Needs Assessment – Further embed good practices around identification, information and consultation; Raise the profile and public understanding of caring; improve carer assessments and to do more to ensure services are available and accessible to the cared for person; Programmes aimed at maintaining general wellbeing of carers; Work with carers on the co-production of services; Support with housing.

West Wales Area Plan objectives - The following objectives will be addressed: - 1.10, 1.11, 1.12, 1.13, 1.14, 1.15, 1.16, 1.17

What level of 'prevention/Intervention' (continuum) best describes your project? *please tick as appropriate

Self Help, Information and Advice	Early Help and support	Intensive Support	Specialist Intervention
✓	✓	✓	

Project Costs

YEAR ONE	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -					
Staffing	6,976.25	6,976.25	6,976.25	6,976.25	27,905
Overheads (heat, light, rent etc)	1,916.50	1,916.50	1,916.50	1,916.50	7,666
Resources/activity costs	780	780	780	780	3,120
Equipment/IT	500				500
YEAR TWO	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -					
Staffing	6,976.25	6,976.25	6,976.25	6,976.25	27,905
Overheads (heat, light, rent etc)	1,916.50	1,916.50	1,916.50	1,916.50	7,666
Resources/activity costs	905	905	905	905	3,620
Equipment/IT					

Project Delivery

Delivery partners		Project budget holder		Project geographical footprint	
Local Authority	x	Local Authority	x	Regional	x
Health Board	x	Health Board		Sub-regional	
Third Sector/Social Value sector	x	Third Sector/Social Value sector		Multiple regions	
Private/Independent sector	x	Private/Independent sector		Local Authority	x
Housing Association/RSL	x	Housing Association/RSL		Local community	x
Other (pls specify below)	x	Other (pls specify below)			
Carers and families					

Project Beneficiaries (pls check boxes as appropriate):

Primary beneficiaries		Secondary beneficiaries		Other beneficiaries	
Older people		Older people		Older people	
People with learning disabilities		People with learning disabilities		People with learning disabilities	
Children with complex needs		Children with complex needs		Children with complex needs	
Children at risk of becoming looked after		Children at risk of becoming looked after		Children at risk of becoming looked after	
Care experienced children including adopted children		Care experienced children including adopted children		Care experienced children including adopted children	
Carers	x	Carers		Carers	
Young Carers	x	Young Carers		Young Carers	
People with dementia		People with dementia		People with dementia	

Project Design Principles (pls check boxes as appropriate):

Which of the 'A Healthier Wales' Quadruple aim/s does this project **primarily** address?

Improved health and wellbeing	x
Better quality and more accessible health and social care service	X
Higher value health and social care	X
A motivated and sustainable health and social care workforce	x

Which of the 'ten national design principles' from A Healthier Wales will the project address?

Prevention & Early Intervention	x
Safety	x
Independence	x
Voice	x
Personalised	x
Seamless	x
Higher Value	
Evidence Driven	x
Scalable	x
Transformative	x

With voice and co-production as key principles, tell us who you have engaged with in the design of your projects

Service users (adults)	x
Service users (Children/young people)	x
Carers	x
Young carers	x
Workforce	x
Social Value/third sector	x
Community members	
Other:	

Project outcomes and impacts

What Population level indicators/measures is your project seeking to address? * please select from national outcome/performance management framework

National Outcomes

Whilst the project will identify the key issues and related outcomes as experienced by young carers in Pembrokeshire, the initial scope of the project has the potential to encompass any of the outcomes in the national Framework. Once the project has commenced a selection of the outcomes will be selected according to the priorities of local young carers and young adult carers and measures will be developed accordingly.

West Wales Area Plan objectives

The following objectives will be addressed: - 1.10, 1.11, 1.12, 1.13, 1.14, 1.15, 1.16, 1.17

Tell us how you will measure/understand the impacts of your project?

How Much? (outputs)

- Engagement activity with young carers and young adult carers
- Engagement activity with key stakeholders
- Identification
- Number of projects on target to deliver their individual measures
- Number of new developments established to address the issues identified
- Number of carers supported through new developments
- Number of staff trained and support through new developments

How Well? (quality)

- Baseline pre programme and post evaluations
- % of carers reporting positive impact from developments including
 - Improved offer of support
 - Improved ability to plan for the future
 - Life opportunities such as education, relationships, confidence

- % of services engaged with programmes who as a result are offering an improved offer to carers
- % of staff feeling more confident and skilled to support young carers and young adult carers in their caring roles
- Most Significant Change Stories

Difference made? (impact)

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Tell us how you intend to evaluate the following aspects of your project (please refer to ICF guidance)

<p>Impact Evaluation (How will you measure/understand the outcomes that have been achieved by your project?)</p>	<ul style="list-style-type: none"> • Baseline exercise for individual projects which will include some overarching measures • Outcome measures will be designed around the National Outcomes Framework and West Wales Area Plan and evidence to understand impact will be gathered through qualitative and quantitative means.
<p>Process Evaluation (How will you evaluate the system & process changes delivered by your project e.g. integration, co-production, social value?)</p>	<ul style="list-style-type: none"> • Steering Group will oversee the evaluation process and report in to the Pembrokeshire Carers Strategy Group • Project plans, including baselining exercise and scheduled monitoring, review and evaluation • Stakeholder and carer input through a variety of methods including Most Significant Change, continuous dialogue and regular feedback opportunities
<p>Economic Evaluation (How will you evaluate the cost benefits/cost avoidance delivered by your project?)</p>	<p>Using a number of methods including:</p> <ul style="list-style-type: none"> • Analysing available local /regional and national data • Reviewing impact on other services as a result of project
<p>Qualitative Evaluation (How will you capture the experiences of service users/staff/communities?)</p>	<p>Developing:</p> <ul style="list-style-type: none"> • Pre/Post Evaluation per programme and annual review • Most Significant Change to gather stories and case studies • Evidenced based research opportunities with Universities in partnership

Exit Strategy

Tell us about your exit strategy for the project (post 2021):

The project will identify, develop and implement a range of solutions to address the issues identified within the project. This will be achieved by 2021 and where there are solutions that require more systemic change this will be incorporated in to the organisational structures and activities e.g. recommendations to inform commissioning intentions.

Project contact details

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