

Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru
Welsh Government

Project Overview

Region: West Wales Regional bid	ICF Project name: Development of Supported Accommodation	
Project start date: April 2019	WG ref:	Project completion date: March 21
Is this project linked to an ICF capital project? Y This project will link with the ICF capital projects concerning supported living. Also the regional capital development supporting the progression model of care		
Is this project linked to the Dementia Action Plan funding? N		

What is the primary focus (1) and secondary (2) focus of the project are you proposing? * please mark 1 and 2 as appropriate

Children's/young carers projects	Adults/Carers projects	Regional Capacity building/Infrastructure
Information/Advice/Awareness raising	Information/Advice/Awareness raising	Regional Partnership Board Development
Access to Services/single point of access/transport	Access to Services/single point of access (2)	Regional Workforce development/training
Assessment and diagnosis	Assessment and diagnosis	Regional Programme management and evaluation
Social Prescribing	Social Prescribing	Regional/Integrated planning and commissioning 1
Early Help and Prevention	Early Help and Prevention	Regional Support for Social Value Sector Engagement
Emotional Health and Wellbeing	Emotional Health and Wellbeing/loneliness and isolation	Regional support for Citizen/carers engagement
Edge of Care support	Stay at home/return home	Other – (please specify below)
Family Group Conferencing approach	Integrated Community Teams	
Family re-unification	Step up/down from hospital	
Therapeutic intervention	Intermediate Care/ pathway	
New accommodation/residential solutions	New accommodation/ Residential solutions (1)	
Other (please Specify below)	Other (please Specify below)	

ICF Project Description (brief description using theory of change model):1 - What is the problem you are trying to solve?

Supported accommodation options for adults with LD/ MH are historic/ traditional in nature and there is an identified need to develop an improved range of options to enable us to better meet the needs of all those who require supported accommodation. There is an absence of policies/ procedures and systems in respect of access to supported accommodation and no clear pathway/ route into services, which can result in access to inappropriate and inefficient supported accommodation solutions. There is also a need for the development of additional purpose built/ adapted properties by leveraging relationships with RSL partners. Concern that existing models promote dependence rather than independence and present barriers to improved wellbeing. ? To enhance the quality of life for those individuals with a learning disability and complex needs by enabling choice and control regarding where they live.2 - What long term outcome/change are you hoping to achieve? More units/ an improved offer and an increased choice/ menu of supported accommodation based provision – better quality services and improved wellbeing. Clear policies, systems and processes in respect of access to supported accommodation. A single point of access to supported accommodation. Regional connectivity and consistency as appropriate.3 - Who is your key audience? Registered Social Landlords, including the Local Authority, CTLD/CMHT teams, Supported Living Service Providers. Individuals in residential care and those with complex needs and or dual diagnosis (LD/MH) who are in need of supported accommodation.

4 - How will you reach them? Via existing relationships, be developing and fostering new relationships or those already in their infancy, housing/ accommodation fora, supported living services forum, Cymorth Cymru. Following individual assessment and review whereby accommodation needs will be identified.(NB-connectivity with progression projects)

5 – What resources are available to support? Existing commissioning infrastructure, including Supporting People, Housing Team, Community Teams, SCWDP, Regional workforce development work stream.6 - What activities will bring about the change? Designated posts/resource to co-ordinate the work programme and provide capacity to deliver the change programme, by commissioning a range of accommodation options & complementing progression to support people to move into more independent living environments & promoting greater choice and control.

How does your project address your population needs assessment and area plan?

The over reliance on residential care and need to develop a range of accommodation options for individuals with a learning disability and complex needs has been identified in the Population Needs Assessment. Accommodation Housing Needs LIN evidence base for accommodation based services for adults with LD is compelling i.e. range/ menu and volume. Position in respect of MH is considered to be comparable.

What level of 'prevention/Intervention' (continuum) best describes your project? *please tick as appropriate

Self Help, Information and Advice	Early Help and support	Intensive Support	Specialist Intervention
		x	x

Project Costs

YEAR ONE	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -					
Staffing		£32,250	£32,250	£32,250	£96,750
Overheads (heat, light, rent etc)					
Resources/activity costs		£5,000	£5,000	£5,000	£15k
Equipment/IT		£3,000	£150	£150	£3300
YEAR TWO	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -					
Staffing	£32,250	£32,250	£32,250	£32,250	£129,000
Overheads (heat, light, rent etc)					
Resources/activity costs	£5,000	£5,000	£5,000	£5,000	£20k
Equipment/IT	£150	£150	£150	£150	£600

Project Delivery

Delivery partners

Local Authority	x
Health Board	x
Third Sector/Social Value sector	
Private/Independent sector	x
Housing Association/RSL	x
Other (pls specify below)	

Project budget holder

Local Authority	x
Health Board	
Third Sector/Social Value sector	
Private/Independent sector	
Housing Association/RSL	
Other (pls specify below)	

Project geographical footprint

Regional	x
Sub-regional	x
Multiple regions	
Local Authority	
Local community	

(However opportunity to connect and develop regionally)

Project Beneficiaries (pls check boxes as appropriate):

Primary beneficiaries

Older people	
People with learning disabilities	x
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children including adopted children	
Carers	
Young Carers	
People with dementia	

Secondary beneficiaries

Older people	
People with learning disabilities	
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children including adopted children	
Carers	x
Young Carers	
People with dementia	

Other beneficiaries

Older people	
People with learning disabilities	
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children including adopted children	
Carers	
Young Carers	
People with dementia	x

Project Design Principles (pls check boxes as appropriate):

Which of the 'A Healthier Wales' Quadruple aim/s does this project **primarily** address?

Improved health and wellbeing	X
Better quality and more accessible health and social care service	X
Higher value health and social care	X
A motivated and sustainable health and social care workforce	

Which of the 'ten national design principles' from A Healthier Wales will the project address? Prevention & Early Intervention	
Safety	X
Independence	X
Voice	X
Personalised	X
Seamless	X
Higher Value	X
Evidence Driven	X
Scalable	X
Transformative	X

With voice and co-production as key principles, tell us who you have engaged with in the design of your projects

Service users (adults)	X
Service users (Children/young people)	
Carers	x
Young carers	
Workforce	x
Social Value/third sector	X
Community members	
Other: independent sector, RSLs	X

Project outcomes and impacts

What Population level indicators/measures is your project seeking to address? * please select from national outcome/performance management framework

This project will address the following key themes in the draft regional integrated community services framework:

- Staying well and independent in the community
- Maximise people's time spent in their home of choice.

Tell us how you will measure/understand the impacts of your project?

<p>How Much? (outputs)</p> <ul style="list-style-type: none"> • Increased number units of supported accommodation. • Increased range of supported accommodation options. • Reduction in numbers of individuals in residential care • Numbers of individuals stepping down from residential care • Numbers of individuals stepping down from hospital • Numbers of individuals where hospital or residential care avoided • Reduction of residential care spend 	<p>How Well? (quality)</p> <ul style="list-style-type: none"> • Service Users - Most Significant Change stories • Carers/ families- Most Significant change/ feedback. • Quality Assurance monitoring, including feedback form commissioning, community teams, health professionals • CIW reporting
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<p>Difference made? <i>(impact)</i></p> <ul style="list-style-type: none"> • Improved outcomes for those who access supported accommodation services i.e. progression/ improved levels of independence, improved wellbeing etc. • Fewer supported accommodation placement breakdowns • Improved value for the public purse/ less wasted resource • More timely service provision • Ease of access to supported accommodation and transparency • Less reliance on residential care services • Suitable care and support options closer to home 	

Tell us how you intend to evaluate the following aspects of your project *(please refer to ICF guidance)*

<p>Impact Evaluation <i>(How will you measure/understand the outcomes that have been achieved by your project?)</i></p>	<p>Objectives and measure will be established as part of this process, however to be based on:</p> <ul style="list-style-type: none"> • Numbers units of supported compared to residential • Case management – assessment/ review feedback • SU voice • Quality assurance monitoring • Improved outcomes. Choice and control for individuals with a learning disability/complex needs and or dual diagnosis • Increased range of community accommodation options • Individuals will feel more confident and be supported and prepared to move to more independent settings •
<p>Process Evaluation <i>(How will you evaluate the system & process changes delivered by your project e.g. integration, co-production, social value?)</i></p>	<p>To be determined as part of process, but to include:</p> <ul style="list-style-type: none"> • Before and after case studies • Engaging service users, case management teams, carers, RSLs, support providers etc. Co-design/production of schemes and co-delivery of the programme. • Project will be subject to quarterly challenge sessions by the Learning Disability Programme Group (Regional Group) • Performance targets for the project will be set and measured , both regionally and locally within each Local Authority area.
<p>Economic Evaluation <i>(How will you evaluate the cost benefits/cost avoidance delivered by your project?)</i></p>	<ul style="list-style-type: none"> • A review of the changes in reliance on residential care and associated financial impact.(Costs of residential care per month) • A review of changes in the costs associated with ‘voids’ (empty bed spaces) which would be expected to reduce. • A review of the resources engaged in managing supported accommodation related matters, which again would be expected to reduce.

	<ul style="list-style-type: none"> • Measure of cost avoidance (individuals diverted from residential care or secondary care settings) • Increased income for individuals stepping down from residential to supported living settings
<p>Qualitative Evaluation (How will you capture the experiences of service users/staff/communities?)</p>	<p>Most Significant change: capturing stories from:</p> <ul style="list-style-type: none"> • Consultation/feedback from service users • Consultation/feedback from carers/families/advocates • Consultation/feedback from community teams/commissioning and housing colleagues • Consultation /feedback from providers <p>Quality Assurance monitoring</p>

Exit Strategy

Tell us about your exit strategy for the project (post 2021):

The remit of the project is to design and implement systems, policies and processes relating to Supported Accommodation. Once this work has concluded it is envisaged that existing resource will be used to deliver and maintain arrangements into the future.

Project contact details

Project key contact (name):

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