

Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru
Welsh Government

Project Overview

Region: West Wales	ICF Project name: West Wales Regional LD Improving Lives	
Project start date: April 2019	WG ref:	Project completion date: March 2021
Is this project linked to an ICF capital project? Y		
Is this project linked to the Dementia Action Plan funding? Y		

What is the primary focus (1) and secondary (2) focus of the project are you proposing? * please mark 1 and 2 as appropriate

Children's/young carers projects	Adults/Carers projects	Regional Capacity building/Infrastructure
Information/Advice/Awareness raising 2	Information/Advice/Awareness raising 2	Regional Partnership Board Development
Access to Services/single point of access/transport	Access to Services/single point of access	Regional Workforce development/training
Assessment and diagnosis	Assessment and diagnosis	Regional Programme management and evaluation
Social Prescribing	Social Prescribing	Regional/Integrated planning and commissioning 1
Early Help and Prevention	Early Help and Prevention	Regional Support for Social Value Sector Engagement
Emotional Health and Wellbeing 1	Emotional Health and Wellbeing/Loneliness and isolation 1	Regional support for Citizen/carers engagement
Edge of Care support	Stay at home/return home	Other – (please specify below)
Family Group Conferencing approach	Integrated Community Teams	
Family re-unification	Step up/down from hospital	
Therapeutic intervention	Intermediate Care/ pathway	
New accommodation/residential solutions	New accommodation/Residential solutions	
Other (please Specify below)	Other (please Specify below)	

ICF Project Description (brief description using theory of change model):

1-What is the problem you are trying to solve?

The LD Charter is a document written by people with learning disabilities from throughout the region. It's a manifesto or statement of basic rights, demands, and requests for all people with learning disabilities in the region.

With its emphasis on prevention, independence and person-centred provision, it aligns with the aims of both the Social Services and Wellbeing Act and the Wellbeing of Future Generations Act, and key areas of other major strategies, including:

- Transforming LD Services
- Improving Lives
- The WWCP Population Assessment and Area Plan

Using 2018/19 ICF funding, the Charter was designed and printed (bilingually) as a booklet and poster to be distributed across the region. For the Charter to make a tangible improvement to the experiences of people with learning difficulties (PwLD), further work is needed to change practice and culture.

Activities and interventions delivered as part of the 2020/21 LD programme have been co-designed by PwLD to implement all elements of the LD Charter.

2- What long term outcome/change are you hoping to achieve? PwLD being empowered and taking control of: My Life, My Rights, My Communication, My Support, My Community, My Health, My Independence, My Social Life and My Relationships through much wider visibility and acceptance of the rights and needs of PwLD in our region giving improved access to services and employment, improved accessibility of businesses and leisure facilities.

3 - Who is your key audience? Everyone including: PwLD and their carers. Professionals who work with people with LD and their carers. Local businesses. Statutory services. Private and public sector including Welsh Government.

4 - How will you reach them? Via a variety of appropriate mechanisms that meet the needs of the specific client group with co-production and person centred engagement at the core. Slippage in 2019/20 funded specific engagement activities with a group of PwLD (the West Wales Dream Team), to identify their priorities.

5 – What resources are available to support? Regional Improving Lives Partnership led by people with learning disabilities, with support of officers from 3 councils and health board; Local and regional services and initiatives – both commissioned and non-commissioned (including the social value sector, advocacy services etc) ; Alignment to other ICF and transformation workstreams; existing office accommodation, IT, management structures.

6 - What activities will bring about the change? Co-production; Stakeholder engagement; Project management and delivery; Alignment to other transformation and ICF project; Awareness raising; Workforce development; Service mapping; Partnership working. Initiatives will include:

Tech solutions such as a health passport app to provide easy access to personal health records and avoid having to “repeat their story” to different professionals

Accessible health checks for PwLD to address health inequalities

Engagement activities for older PwLD to address life expectancy inequalities

Exercise groups set up by and for PwLD

Advocacy for PwLD

Support to progress to and maintain independence and social activities

Support and training to develop and maintain employment and /or volunteering

Positive Behaviour Support

Facilitation of regional engagement and Dream Team support

How does your project address your population needs assessment and area plan? PNA:

West Wales Area Plan objectives:-

- 1.1 Develop a shared, Health and Well-being Strategy for the region, which embeds prevention and reduces health inequalities through mainstream action across the whole system
- 1.7 Training and development to support practice around IAA and preventions
- 1.19 Ensure community based preventative support is optimised for PwLD.
- 2.1 A consistent multi-disciplinary approach to assessment and care planning

What level of 'prevention/Intervention' (continuum) best describes your project? *please tick as appropriate

Self Help, Information and Advice	Early Help and support	Intensive Support	Specialist Intervention
✓	✓	✓	✓

Project Costs

YEAR TWO	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -	£430,250	£465,300	£475,440	£433,055	£1,804,045
Staffing					
Overheads (heat, light, rent etc)					
Resources/activity costs					
Equipment/IT					

Project Delivery

Delivery partners

Local Authority	x
Health Board	x
Third Sector/Social Value sector	x
Private/Independent sector	X
Housing Association/RSL	x
Other (pls specify below)	x
People with LD	

Project budget holder

Local Authority	x
Health Board	x
Third Sector/Social Value sector	x
Private/Independent sector	
Housing Association/RSL	
Other (pls specify below)	

Project geographical footprint

Regional	x
Sub-regional	
Multiple regions	
Local Authority	x
Local community	x

Project Beneficiaries (pls check boxes as appropriate):

Primary beneficiaries

Older people	
People with learning disabilities	x
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children including adopted children	
Carers	
Young Carers	
People with dementia	

Secondary beneficiaries

Older people	
People with learning disabilities	
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children including adopted children	
Carers	x
Young Carers	
People with dementia	

Other beneficiaries

Older people	x
People with learning disabilities	
Children with complex needs	x
Children at risk of becoming looked after	x
Care experienced children including adopted children	x
Carers	
Young Carers	x
People with dementia	x

Project Design Principles (pls check boxes as appropriate):

Which of the 'A Healthier Wales' Quadruple aim/s does this project primarily address?

Improved health and wellbeing	
Better quality and more accessible health and social care service	x
Higher value health and social care	
A motivated and sustainable health and social care workforce	

Which of the 'ten national design principles' from A Healthier Wales will the project address?

Prevention & Early Intervention	x
Safety	x
Independence	x
Voice	x
Personalised	x
Seamless	x
Higher Value	x
Evidence Driven	x
Scalable	x
Transformative	x

With voice and co-production as key principles, tell us who you have engaged with in the design of your projects

Service users (adults)	x
Service users (Children/young people)	x
Carers	x
Young carers	
Workforce	x
Social Value/third sector	x
Community members	x
Other:	

Project outcomes and impacts

What Population level indicators/measures is your project seeking to address? * please select from national outcome/performance management framework

Citizens understand what care, support and opportunities are available and use these to help them achieve their well-being
 Citizens speak for themselves and contribute to the decisions that affect their life, or have someone who can do it for them
 Citizens engage and make a contribution to their community
 Citizens are in control of their daily life as much as they can be.

Tell us how you will measure/understand the impacts of your project?

<p>How Much? (outputs)</p> <ul style="list-style-type: none"> Number and percentage of individuals supported by the individual strands of the programme Number and percentage of individuals supported by the individual strands of the programme against baseline of PwLD in the region 	<p>How Well? (quality)</p> <ul style="list-style-type: none"> Number and percentage of individuals reporting service delivery as good or excellent
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Difference made? (impact)

PwLD able to access services in a way that meets their needs
 PwLD able to reside in the accommodation of their choice
 PwLD able to access social activities of choice at a time convenient to them
 PwLD more able to access employment and volunteering opportunities
 PwLD in control of improvements to their health and wellbeing
 PwLD more in control of decisions affecting their health and well-being

Tell us how you intend to evaluate the following aspects of your project (please refer to ICF guidance)

<p>Impact Evaluation (How will you measure/understand the</p>	<ul style="list-style-type: none"> ToC evaluation model developed and applied regularly throughout project
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<i>outcomes that have been achieved by your project?)</i>	
Process Evaluation <i>(How will you evaluate the system & process changes delivered by your project e.g. integration, co-production, social value?)</i>	<ul style="list-style-type: none"> • Convening of a project steering group including partners, statutory agencies, PwLD/ASC • Report to RILP and RPB
Economic Evaluation <i>(How will you evaluate the cost benefits/cost avoidance delivered by your project?)</i>	<ul style="list-style-type: none"> • Analysing available local /regional and national data • Reviewing impact on other services as a result of project
Qualitative Evaluation <i>(How will you capture the experiences of service users/staff/communities?)</i>	<ul style="list-style-type: none"> • Most significant story/ change methodology

Exit Strategy

Tell us about your exit strategy for the project (post 2021):

The resource being applied for within this bid will be targeted at the planning and delivery of LD projects which will be developed in a manner as to ensure that they are sustainable beyond 2021 without future resource required through:

- Embedding excellence and improving quality in daily working practice
- Facilitating the re-formulation of existing resources to deliver improved outcomes
- Testing new models of care and support to inform future commissioning arrangements (within existing resources)
- Developing sustainable, standalone resources that will not require future investment
- Ensuring the LD Charter is embedded within local communities and the private sector

Therefore projects will either be completed by 2021 or will be established in a manner that will ensure that they are mainstreamed in to existing service provision by 2021 so will not require the ongoing funding.

Project contact details

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