

Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru
Welsh Government

Project Overview

Region: West Wales	ICF Project name: Regional Carers Programme	
Project start date: 1 st April 2020	WG ref:	Project completion date: 31 st March 2021
Is this project linked to an ICF capital project? N		
Is this project linked to the Dementia Action Plan funding? N		

Please indicate the primary focus (1) and secondary (2) focus of the project are you proposing? * please mark 1 and 2 once only as appropriate

Children's/young carers projects	Adults/Carers projects	Regional Capacity building/Infrastructure
Information/Advice/Awareness raising	Information/Advice/Awareness raising	Regional Partnership Board Development
1	1	2
Access to Services/single point of access/transport	Access to Services/single point of access	Regional Workforce development/training
1	1	2
Assessment and diagnosis	Assessment and diagnosis	Regional Programme management and evaluation
1	1	2
Social Prescribing	Social Prescribing	Regional/Integrated planning and commissioning
Early Help and Prevention	Early Help and Prevention	Regional Support for Social Value Sector Engagement
1	1	2
Emotional Health and Wellbeing	Emotional Health and Wellbeing/Loneliness and isolation	Regional support for Citizen/carers engagement
1	1	2
Edge of Care support	Stay at home/return home	Other – (please specify below)
	1	
Family Group Conferencing approach	Integrated Community Teams	
Family re-unification	Step up/down from hospital	
Therapeutic intervention	Intermediate Care/ pathway	
New accommodation/residential solutions	New accommodation/	

ICF Project Description (brief description using theory of change model, i.e. what is the current situation and what will change as a result of the project):

1 - What is the rationale for the project (please include the population data that has informed the rationale behind developing the project, what activities/interventions it will deliver and how it will improve the current situation)? There is robust evidence to indicate that improvements are required across the health and social care system and at community level, to better support unpaid carers of all ages, both in their caring roles as well as in their own rights (personal health and wellbeing and achievement of personal outcomes). The West Wales Regional Carers Programme will deliver a coordinated set of projects aligned to the WG National Priorities for Carers. Supported by a regional project resource, the projects span a number of areas as follows:- (1) Joint Commissioning – focusing on Carers Officers to support hospital discharge, and refreshing approaches to respite for carers; (2) Community Development grants – coordinated by PAVS to encourage third sector and social value providers to develop new models of support for carers; (3) Regional roll-out of Carers Resilience and Wellbeing programme; (4) Digital platforms & app developments; - working with CAVO to build on the testing of RallyRound App and other digital platforms (5) Regional Carers Assessment project to strengthen approaches to statutory assessments, linked to “what matters” conversations.

2 – What is the long-term outcome/change are you hoping to achieve? (what is the expected impact for individuals and what is the expected increase or decrease in the population data as a result)? To improve outcomes for carers of all ages across the three Welsh Government National Priorities for Carers:- (1) Supporting life outside caring; (2)

How does your project address the [West Wales Population Assessment and area plan](#)?

The PNA identifies the need to develop appropriate access to a range of information, advice and assistance for carers; Raise the profile and public understanding of carers; Embed good practices around identification, information, consultation; Improve carers assessments; Work with carers on the co-production of services, in particular alternatives to respite; Access to services in language of choice and offer the medium of Welsh; Develop integrated commissioning and procurement processes **West Wales Area Plan objectives:- 1.10** - Raise awareness of carers; **1.11** - Ensure appropriate levels of respite and support services for carers; **1.12** - Ensure carers have access to appropriate IAA to support them in their role; **1.13** - Support the wellbeing of carers and former carers through supporting them to build and maintain emotional resilience

What level of 'prevention/Intervention' (continuum) best describes your project? *please tick as appropriate

Self Help, Information and Advice	Early Help and support	Intensive Support	Specialist Intervention
✓	✓	✓	✓

Project Costs

	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
Direct delivery costs -				96,915.00	
Staffing	38,665.70	49,665.70	49,665.70	50,665.70	
Overheads (heat, light, rent etc)	200.00	200.00	200.00	200.00	
Resources/activity costs	37,725.00	43,925.00	45,925.00	67,372.00	
Equipment/IT	4,750.00	550.00	550.00	450.00	
Total	81,340.70	94,340.70	96,340.70	215,602.70	487,624.80

Project Delivery

Delivery partners	
Local Authority	x
Health Board	x
Third Sector/Social Value sector	x
Private/Independent sector	
Housing Association/RSL	
Other (pls specify below)	

Project budget holder	
Local Authority	x
Health Board	x
Third Sector/Social Value sector	x
Private/Independent sector	
Housing Association/RSL	
Other (pls specify below)	

Project geographical footprint	
Regional	x
Sub-regional	x
Multiple regions	
Local Authority	x
Local community	x

Project Beneficiaries (pls check one box in each column as appropriate):

Primary beneficiary	
Older people	
People with learning disabilities	
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children	

Secondary beneficiary	
Older people	x
People with learning disabilities	x
Children with complex needs	x
Children at risk of becoming looked after	
Care experienced children	

Other beneficiary	
Older people	
People with learning disabilities	
Children with complex needs	
Children at risk of becoming looked after	
Care experienced children	

Project Design Principles

Project Design Principles (pls check boxes as appropriate):

<p>Which of the 'A Healthier Wales' Quadruple aim/s does this project primarily address?</p> <table border="1"> <tr> <td>Improved health and wellbeing</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Better quality and more accessible health and social care service</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Higher value health and social care</td> <td style="text-align: center;">x</td> </tr> <tr> <td>A motivated and sustainable health and social care workforce</td> <td style="text-align: center;">x</td> </tr> </table>	Improved health and wellbeing	x	Better quality and more accessible health and social care service	x	Higher value health and social care	x	A motivated and sustainable health and social care workforce	x	<p>Which of the 'ten national design principles' from A Healthier Wales will the project address?</p> <table border="1"> <tr> <td>Prevention & Early Intervention</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Safety</td> <td></td> </tr> <tr> <td>Independence</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Voice</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Personalised</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Seamless</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Higher Value</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Evidence Driven</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Scalable</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Transformative</td> <td style="text-align: center;">x</td> </tr> </table>	Prevention & Early Intervention	x	Safety		Independence	x	Voice	x	Personalised	x	Seamless	x	Higher Value	x	Evidence Driven	x	Scalable	x	Transformative	x	<p>With voice and co-production as key principles, tell us who you have engaged with in the design of your projects</p> <table border="1"> <tr> <td>Service users (adults)</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Service users (Children/young people)</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Carers</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Young carers</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Workforce</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Social Value/third sector</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Community members</td> <td style="text-align: center;">x</td> </tr> <tr> <td>Other:</td> <td></td> </tr> </table>	Service users (adults)	x	Service users (Children/young people)	x	Carers	x	Young carers	x	Workforce	x	Social Value/third sector	x	Community members	x	Other:	
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Project outcomes and impacts

Please indicate no more than two population level outcomes your project will contribute to (Please select from the following list). These will be monitored globally by the RPB.

- People feel more connected and supported within their communities
- People lead healthier lives for longer
- People take responsibility for their own health and wellbeing
- People with care and support needs are helped in their homes or close by
- People feel they are involved in decisions about their care and support
- People receive care and support through the medium of Welsh if they want it

- | |
|--|
| <ul style="list-style-type: none"> • People feel more connected and supported within their communities • People take responsibility for their own health and wellbeing |
|--|

Please list no more than three indicators/measures your project is seeking to address, the difference it will make to people and how you will measure this. **These will need to be reported on a quarterly basis.**

<p>How Much? (outputs)</p> <ul style="list-style-type: none"> • Number of new carers projects and resources established across West Wales • Number of carers supported through the projects • Number of staff trained and supported through the 	<p>How Well? (quality)</p> <ul style="list-style-type: none"> • Carers reporting positive change from projects • Staff and carers reporting positive change from projects • Organisations and carers reporting positive change
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Carers Resilience and Well-being project • Number of settings and organisations engaging with the Project	from projects
<p>Difference made? (<i>impact</i>)</p> <ul style="list-style-type: none"> • Carers understand what care, support and opportunities are available and use these to help them achieve their well-being and get the right care and support, as early as possible; • Carers can access the right information, when it's needed, in the way they want it and use this to manage and improve their well-being; • Carers have their voices heard and listened to and their individual circumstances are considered; • Carers can speak for themselves and contribute to the decisions that affect their life, or have someone who can do it for them; • Carers get care and support through the Welsh language if they want it. 	

Tell us how you intend to evaluate the following aspects of your project (*please refer to ICF guidance*)

<p>Impact Evaluation (How will you evidence, measure/understand the outcomes that have been achieved by your project? What three indicators will you measure and report on.)</p>	<ul style="list-style-type: none"> • Project management approach to monitor delivery of individual project objectives with project measures being developed for each – will include capturing baseline information in order evaluate impact • Develop and implement tool to capture delivery of outcomes from each individual project, focusing on the key stakeholders – Carers, Staff and Organisations. Will include a range of quantitative and qualitative methodologies – see below.
<p>Process Evaluation (How will you evaluate the system & process changes delivered by your project e.g. integration, co-production, social value?)</p>	<ul style="list-style-type: none"> • Scheduled review of process, monitoring reports, documentation • Stakeholder engagement and feedback • Analysis of quantity, quality and range of access, evidence of co-production, social value engagement, business and economy engagement
<p>Economic Evaluation (How will you evaluate the cost benefits/cost avoidance delivered by your project?)</p>	<p>Using a number of methods including:</p> <ul style="list-style-type: none"> • Analysing available local /regional and national data • Agreeing regional formula to calculate cost benefits relating to improved carer wellbeing and maintaining the caring role • Reviewing impact on other services as a result of project
<p>Qualitative Evaluation (How will you capture the experiences of service users/staff/communities?)</p>	<p>Developing:</p> <ul style="list-style-type: none"> • Workshops and focus groups with relevant stakeholders • Questionnaires and surveys with relevant stakeholders • Alternative feedback mechanisms – open dialogues, monitoring complaints / complements etc. good news stories etc. • Case studies • Most Significant Change stories

Exit Strategy

Tell us about your exit strategy for the project (post 2021): The resource being applied for within this bid will be targeted at the planning and delivery of carers' projects which can test new models of delivery as well as embedding new ways of working. This includes:

Developing sustainable, standalone resources that will not require future investment

- Embedding excellence and improving quality in daily working practice
- Testing new models of care and support to inform future commissioning arrangements and the re-formulation of existing resources to deliver improved outcomes for unpaid carers
- Encouraging new sources of support for carers through third sector and community groups that are sustainable

Project Evaluation

Project contact details

Project key contact (name):

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